



# Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

## High School Basketball Workouts w/ Warwick Workout Trainer Kevin Ratzsch

Location: The Barn (5237 Highway 12 E, Abdn SD)

### 9th-12<sup>th</sup> Grade - Advanced Offensive Skills Workouts

Weekly Workouts are the foundation to becoming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

Sunday, April 12	4:15-5:45
Sunday, April 19	4:15-5:45
Sunday, April 26	4:15-5:45
** Sunday, May 3	No Workout
Sunday, May 10	4:15-5:45
Sunday, May 17	4:15-5:45

Each athlete will receive a Warwick Workout T-shirt.

**Cost: \$119** Payment is collect online at time of registration.

### 9th-12<sup>th</sup> Grade - Shooting & Scoring Workouts

Shooting & Scoring Workouts are for the advanced player. This workout will focus on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens as well as all other aspects of shooting. Athletes will be taught and participate in Heat Shooting, Magic Shooting, Warrior Shooting, Fast Break Shooting, Shooting Program and Pre-practice shooting during this series of Shooting & Scoring Workouts. These workouts will assist athletes to become a more effective shooter and scorer.

Sunday, April 12	6:00-7:30
Sunday, April 19	6:00-7:30
Sunday, April 26	6:00-7:30
** Sunday, May 3	No Workout
Sunday, May 10	6:00-7:30
Sunday, May 17	6:00-7:30

Each athlete will receive a Warwick Workout T-shirt.

**Cost: \$119** Payment is collect online at time of registration.

Register online at

[www.warwickworkouts.com](http://www.warwickworkouts.com)

Find your session under the register for workouts tab

Contact Kevin Ratzsch with questions about weekly workouts in Aberdeen

Email: kevin.warwickworkouts@gmail.com

**WHERE CHAMPIONS TRAIN.**